

## 513-910 Dry Needling for Physiotherapists Semester 2, 2010

Lectures are in Room 220; Pracs are in Rooms 206

Handbook Contact hours: 36 hours    Coordinator: David Kelly

**Week 31            Friday 6<sup>th</sup> August 2009**

9:00am	Welcome and Introduction	220	DK
9:10am	Introduction to Dry Needling for Physiotherapists	220	DK
9:30am	Overview / Introduction to TCM/Acupuncture concepts (1)	220	DK
10:30am	Introduction to TCM/ Acupuncture concepts (2)	220	PS, DK
11:30am	<b>Break</b>		
11:45am	Indications for dry needling, Precautions, Contraindications, Infection control.	220	PS, DK, JR
1.00pm	Seminar options / choices	220	DK
1:15pm	<b>Lunch</b>		
2:15pm	Introduction to Needling	206	PS, DK, JR
3:45pm	<b>Break</b>		
4:15pm	Dry Needling - Lumbar, Buttock, Lower limb	206	PS, DK, JR
5:45pm	<b>Finish / Clean-up</b>		

**Week 34            Friday 27<sup>th</sup> August 2009**

2:15pm	Dry Needling - Lumbar, Buttock, Lower limb, Upper limb / Shoulder	206	PS, DK, JR
3:45pm	<b>Break</b>		
4:15pm	Dry Needling practical	206	PS, DK, JR
5:45pm	<b>Finish / Clean-up</b>		

**Week 36            Friday 10<sup>th</sup> September 2009**

2:00pm	Seminar Presentations	206	PS, DK, JR
3:30pm	<b>Break</b>		
4:00pm	Seminar Presentations		
5:30pm	<b>Finish / Clean-up</b>		

**Week 37            Friday 17<sup>th</sup> September 2009**

9.30am	Trigger Points – evidence & further issues. Difficult Conditions.	220	PB, DK, JR
10.30am	<b>Break</b>		
11.00am	Dry Needling - Lumbar, Buttock.	206	PB, DK, JR
1.00pm	<b>Lunch</b>		
2:15pm	Practice & Revision - Self Directed	206	DK, JR
4:45pm	<b>Finish/Clean-up</b>		

**Week 39            Friday 1<sup>st</sup> October 2009**

2.15pm	Dry Needling - Lower Limb.	206	PB, DK, JR
4.00pm	<b>Break</b>		
4.30pm	Dry Needling - Upper Limb.	206	PB, DK, JR
5:30pm	<b>Finish</b>	206	PB, DK, JR

**Week 40            Saturday 9<sup>th</sup> October 2009**

1:30pm	TCM / Acupuncture - Case Studies	220	ZZ, DK
2:45pm	<b>Break</b>		
3:00pm	TCM approach demonstration / practical	206	ZZ, DK
5:30pm	<b>Finish / Clean-up</b>		

**Week 41            Friday 15<sup>th</sup> October 2009**

1:00pm	Dry Needling – Shoulder, Upper Limb.	206	PS, JR, DK
2:30pm	<b>Break</b>		
2:45pm	Revision		
4:15	<b>Break</b>		
4:30pm	Revision	206	
6:00pm	<b>Finish / Clean-up</b>		

**Week 41            Saturday 16<sup>th</sup> October 2009**

9:00am	Neural approaches - spinal, upper and lower limb	220	PS
10:00am	Cervicogenic Headache / Case Studies	220	PS
10.45am	<b>Break</b>		
11:00am	Trunk, Cervical, Cervicogenic Headache	206	PS, DK, JR
1:00pm	<b>Lunch</b>		
2:15pm	Electro-acupuncture/ Press needle Demonstration Revision practice	206	PS, DK, JR
5:00pm	<b>Finish / Clean-up</b>		